Abstract

Participation in leisure activities in early adulthood is often a predictor in the leisure activities that are taken place in older adulthood. Current research that is done on this subject touches on the ideas of what different age groups perceive about their personality in later life. However, there hasn’t been a lot of research comparing these perceptions among the age groups. In this study, we will determine if people in young age believe they will have the same choices in leisure activity in later life or not, and if older adults believe they had the same choices in leisure activities in earlier life or not.

This study was done using a survey based off of the Leisure Participation Questionnaire that was be distributed to different age groups among the UNC Charlotte community. The survey was distributed to 61 participants from three different age groups. These age groups including 18-29; 30-44; 45-64 with approximately 20 participants in each group. The data was analyzed using Stata.