Lay Summary

Participation in leisure activities in early adulthood is often a predictor of the leisure activities that taken place in older adulthood. Current research that is done on this subject touches on the ideas of what different age groups perceive about their personality in later life. However there hasn’t been a lot of research comparing these perceptions among different age groups. In this study I will investigate whether young people believe they will make the same choices concerning leisure activity in later life and whether older adults believe they made the same choices in leisure activities in earlier life.

To study these questions I will use a survey based on the Leisure Participation Questionnaire. I will distribute it to participants from the UNC Charlotte Community from three different age groups. These age groups are 18-24, 25-44, and 45-64 with 40 participants in each group. The survey data will be analyzed using Microsoft excel and SPSS as required. I also will interview four people from each age group, for twelve in total, to get deeper insights into people’s perceptions.